

Re: recruitment of Elderly Fitness Instructor (full-time)

A new healthy ageing centre is recruiting an experienced full-time elderly fitness instructor to provide services including: functional fitness assessment, exercise and lifestyle consultation, group activities (cognitive training and exercise training), exercise prescription, dietetic advice, and other ageing related tests such as sleep apnea screening, alzheimer disease screening, and the memory club training. Priority will be given to those holders of PFA Elderly Fitness Instructor Certificate or equivalent. On-job training will be provided by medical doctors for recruited instructors. Salary and benefits will depend on qualification and related work experience, and will be comparable to most of the other NGO in similar nature.

If interested, trainers may send cover letter and CV to **Prof. Stanley Hui** via email to: hui2162@cuhk.edu.hk.

Deadline: 31 Aug 2023.

Recruitment will be on-going and continued until the position is filled.

通告：招聘長者健體導師（全職）

一新近成立健康老齡中心正在招聘經驗豐富的全職長者健體導師，提供的服務包括：功能性體適能評估、運動和生活方式諮詢、團體活動（認知訓練和運動訓練）、運動處方、飲食建議以及其他與老年相關的測試，例如睡眠呼吸暫停篩查、阿爾茨海默病篩查和記憶活動訓練。持有中國香港體適能總會長者健體導師證書或同等資歷可獲優先考慮。獲聘用的健體導師將由專業醫務人員提供在職培訓。薪酬和福利將會與其他同類型機構看齊，並取決於獲聘者資歷和相關工作經驗。

如有興趣，教練可以通過電子郵件將求職信和簡歷發送給許世全教授：

hui2162@cuhk.edu.hk。

截止日期：2023年8月31日。

招聘將持續進行，直至職位填補為止。